

Rules and Conditions of Gym Use

Only members of Mooncoin GAA club are permitted to use the gym facilities

Please be courteous to other members when using the facilities i.e. 20 minutes limit on machine if someone is waiting.

Please use towels/tissues and cleaning spray provided to wipe down each equipment after use, place tissue in bin,

As part of good personal hygiene bring your own towel.

Use of gym facilities included all equipment in the gym, changing rooms and saunas.

Please keep gym and changing rooms tidy, bin rubbish.

Lockers are currently not available; don't leave valuables unattended, Mooncoin GAA is not responsible for damage or loss of property on the premises.

Training shoes and suitable clothing to be worn at all times

Mooncoin GAA club reserve the right to alter the opening times of the gym,

Monday to Friday

Mooncoin GAA club reserve the right to set aside hours in the gym for use by team players.

Anyone using bad language or behaviour offensive to other members may be asked to leave or ultimately banned from the gym.

Please use the gym equipment as intended, no horseplay, you could cause harm to you or others

These rules are designed for your benefit, a clean and pleasant facility, healthy enjoyable for all.

Member signature

Date